

*Taking time out of each day
to relax and renew is essential to
living well!*

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Contact

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Vereina Spa & Wellness



Massages

Vereina Relaxation

Let yourself relax with a classic massage and warming oils. Aromas pamper your senses, smoothing massage grips relax your muscles, and your skin emerges rejuvenated.

50 MINS | CHF 140

75 MINS | CHF 175

Power of the mountains

Enjoy a strong and vitalising full-body massage for physical and mental relaxation. A strongly kneading massage technique unlocks blockages and releases tensions.

50 MINS | CHF 150

Intensive back & head massage

This massage is exclusively for your back, neck and shoulder areas, and is brought to conclusion with a soothing head massage.

25 MINS | CHF 90

Hot Stone Massage

A combination of hot stones and a classic massage. Treat yourself to this deep relaxation for your body, mind and soul.

60 MINS | CHF 150

Facial treatments

Shine like a star

A LUXURIOUS AND RELAXING FACIAL TREATMENT.

An in-depth cleansing and soft peeling treatment refine your skin texture and help remove skin impurities. In addition you will receive a highly concentrated facial ampoule suited to your skin type.

Enjoy a relaxing face and neckline massage that calms the skin and counteracts those first little wrinkles. A nurturing facial mask and full skin care complete this treatment.

The wellness program that gets under your skin.

75 MINS | CHF 160

Tranquillity oasis

Your skin is cleansed with deep-acting products. A skin peel treatment refines your skin relief and enables removal of impurities. You will receive a soothing face and décolleté massage with a nourishing face mask. A complete final care rounds off your treatment.

60 MINS | CHF 140

Facial care for men

Intensive cleaning and peeling. Enjoy a relaxing face, neck and head massage as well as a vanishing crème.

60 MINS | CHF 140

Cosmetic

Manicure or pedicure with nail polish

You will start with a pleasant foot or hand bath. After cosmetic foot, nail and cornea care, your nails will be returned to their optimal form. To relax you will then enjoy a soothing foot or hand massage with high-quality products.

60 MINS | CHF 90

Vereina Peeling

The skin is not only freed from sebum, dirt and flakes, but is also supplied with important trace elements and minerals via rock salts.

30 MINS | CHF 90

The eye-catcher



Eyebrow correction	15 MINS CHF 30
Eyebrow tinting	15 MINS CHF 30
Eyelash tinting	20 MINS CHF 40
Eyebrow & Eyelash tinting	30 MINS CHF 60

Waxing

Bikini	30 MINS CHF 50
Armpits	20 MINS CHF 40
Leg to knee	45 MINS CHF 60
Whole leg	60 MINS CHF 80



Spa rules

Wellness clothing

Bath slippers and sauna towels are available in our wellness area. You will find shower products in the shower area. Please do not take any valuables with you into the wellness area.

Lockers are available for your valuables.

Our sauna area is also a textile-free area for reasons of hygiene. Please use your sauna towel during your sauna sessions. Before and after your visit to the steam bath, please use the water hose provided to rinse the seating areas. You do not need a sauna towel in the steam rooms.

Showering before bathing and after sweating is a matter of course for our guests.

Appointment

Meeting point &

Delay or cancellation

We recommend that you book your SPA appointment well in advance. This makes it possible for us to take your preferred date into account. On-site reservations are subject to availability.

We will be happy to meet you at our spa reception 10 minutes before the start of your appointment, enabling you to enjoy your pampering programme relaxed and on time. In the event of a delay, please inform our reception. We ask for your understanding that your treatment may be shortened accordingly while still requiring us to charge you the full price. If you are unable to keep your appointment, please inform us at least 12 hours in advance. Otherwise you will be charged for the booked service.

Tranquillity, relaxation & young guests

Out of consideration for other spa guests, we ask you to refrain from using mobile phones and engaging in loud conversations. The SPA concept is geared towards guests seeking rest and relaxation.

We ask for appropriate behaviour from our younger guests. For safety reasons, children under 16 must be accompanied by an adult. Children up to 12 years of age may use the wellness facilities daily until 5 pm. Access to the fitness room is permitted from the age of 16.

Smoke free

The entire Vereina SPA and wellness area, as well as the SPA terrace, are smoke-free zones.

Opening hours

Fitness room	7am to 7pm
Sauna	2pm to 7pm
Pool	7am to 7pm
Treatments	11am to 7pm